

## WILL SOUTH AFRICA EXPERIENCE A SECOND WAVE OF THE COVID-19 PANDEMIC?

Health Minister Dr. Zweli Mkhize says that South



Africa has reported fewer than expected coronavirus cases in its move to a level 1 lockdown, but cautions that the country could still face a second surge in cases. Mkhize said that 'chances are' South Africa will likely follow other countries in experiencing a second wave. He said that other countries,

who had contained their respective rates of infection, faced a second surge after opening up for travel. He cited the US, which after a plateau in cases, saw a second wave which surpassed the first reported wave. This led to a realisation

for South Africa in that there is no reason that we will be spared from a second wave, Mkhize said. *Source: Businesstech.co.za*

### COVID-19 PREVENTATIVE TIPS

- Practice social distancing
- **Wear a mask in public**
- Wash your hands regularly with soap or an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough or sneeze with a flexed elbow or a tissue, then throw the tissue in the bin.
- Clean and disinfect frequently touched objects and surfaces.

### COMMON COVID-19 SYMPTOMS

- Cough
- Fever
- Sore throat
- Shortness of breath
- Loss of taste

## Know your masks

Protect yourself, and everyone around you.



#### KN95 / N95 masks

- Recommended for healthcare & frontline workers
- Masks with a valve are not safe as they do not filter out the virus



#### Surgical masks

- Should be saved for medical professionals but watch out for fake ones that do not contain the meltblown layer



#### DIY cloth masks

- Protects others from you



#### No masks

- Offers no protection
- Does not help slow or stop the spread of the virus

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